**Approaches application statements**

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| 1. Eric & Dylan both suffered from **brain damage** which lead to their aggressive behaviour (they may have developed a tumour on their amygdala).
 | 1. Eric & Dylan had **maladaptive attributional styles** in which they interpreted all events internally (personal) – that is, they blamed themselves for different events in their own lives, which lead to their aggressive / destructive behaviour.
 | 1. Eric & Dylan had increased levels of the **hormone testosterone**, which caused their aggressive behaviour.
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| 1. Eric & Dylan had both **learnt** that guns are acceptable, due to the American gun culture which contributed to their aggressive behaviour using weapons.

  | 1. Eric & Dylan had decreased levels of the **neurotransmitter serotonin**, which lead to major depression.
 | 1. Eric & Dylan both suffered from **hallucinations** and they were unable to tell the difference between their hallucinations and reality.
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| 1. Eric & Dylan were both **rewarded** by their fathers whenever they displayed aggressive behaviour on their trips to the shooting range. This **reinforced** their behaviour and views that aggression and shooting are acceptable..
 | 1. Eric & Dylan both **inherited** aggressive/killer **genes** from their parents.
 | 1. Eric & Dylan both look up to their fathers who were both violent/ aggressive **role models.**
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| 1. Eric & Dylan both suffered from **major depression** because they had negative views of themselves, the world and their future. This lead to their aggressive / destructive behaviour.
 | 1. Eric & Dylan experienced ‘**catastrophizing**’ where they always thought the worst case scenario. As their bombs did not detonate, they felt like failures which lead to their suicide.
 | 1. As Eric & Dylan are both male, they have aggressive traits / characteristics which have been passed on through **evolution**, as being aggressive increased the survival for our ancestors in the past.
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| 1. Eric & Dylan both played violent video games which **reinforced** their aggressive behaviour.
 | 1. Eric & Dylan both suffered from **distorted thinking** – they made **‘overgeneralisations’** about their class-mates, assuming that everyone in their school hated them.

  | 1. Eric & Dylan have **learnt** to become aggressive by watching (**observing**) aggressive films/movies.
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